

**Register Now!**



*13<sup>th</sup> Annual  
Plains to Peaks  
EMS & Trauma Conference  
Limon, Colorado*

The Plains to Peaks EMS & Trauma Conference is a joint venture of the Plains to Peaks RETAC, Memorial Hospital-UCH, Penrose-St Francis Health Services, & Pikes Peak Community College.

Pre-conference May 2, 2014  
Limon Community Center  
477 D Avenue

EMS/Trauma Conference, May 3-4, 2014  
Limon High School  
874 F Avenue

PRECONFERENCE, FRIDAY, MAY 2, LIMON COMMUNITY CENTER		
0800-0830	REGISTRATION	
0830-1600	Non-Violent Crisis Intervention Seminar	Heather Finch, RN, Memorial Hospital-UCH

This program is considered the worldwide standard for crisis prevention and intervention training. With a core philosophy of providing for the Care, Welfare, Safety, and Security of everyone involved in a crisis situation, the program's proven strategies give human service providers and educators the skills to safely and effectively respond to anxious, hostile, or violent behavior while balancing the responsibilities of care.

SATURDAY, MAY 3, LIMON HIGH SCHOOL		
0700-0800	REGISTRATION & BREAKFAST	
0800-0850	Pediatric Immobilization and Appropriate Transportation	Jason Kotas, EMT; Ashley Balakas, RN; Susan Yates, EMT Children's Hospital Colorado
0855-0945	Penetrating Trauma	Ben Dengerink, Paramedic Flight For Life Colorado
1005-1055 1300-1350	2014 EMT Scope of Practice	Jeff Force, Paramedic Penrose-St Francis Health Services
1100-1150 1355-1445	Experiences with Combat Surgery in Baghdad	Dr. David Steinbruner Memorial Hospital-UCH
1505-1555	Environmental Emergencies	Dr. Jeremy DeWall Penrose-St Francis Health Services
1600-1650	Lessons Learned from the Colorado EMS Safety Summits.....and more	Dr. David Ross Penrose-St Francis Health Services

As is our custom, we will be offering hands on scenarios to test your skills. This will happen in a different format than previous years but we believe this will be more educational for everyone. The format will be described during the conference and instructions will be provided.

SUNDAY, MAY 4, LIMON HIGH SCHOOL		
0700-0800	REGISTRATION & BREAKFAST	
0800-0850	Managing OB Emergencies in the Field	Dr. Gene LaMonica Memorial Hospital-UCH
0855-0945	Cardiac Emergencies	David Brunk, PA Penrose-St Francis Health Services
1005-1055 1300-1350	Assessment and Treatment of the Diabetic Patient	Larissa Nattrass, Paramedic Penrose-St Francis Health Services
1100-1150 1355-1445	Spice and other Illicit Drugs	Bill Mayfield, RN Memorial Hospital, UCH
1505-1555	Management of Various Types of Burns	Mike Long, RN University of Colorado Hospital
1600-1650	Dealing with Death in the Field	Jeremiah Ahrens, Paramedic Colorado Springs Fire Department

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## Change Culture, Behavior, and Relationships.

By using *Nonviolent Crisis Intervention*® training as part of a comprehensive crisis prevention and intervention plan, you can learn how to defuse challenging and disruptive behavior before an incident escalates to a crisis situation. Successful implementation leads to a change in organizational culture, a change in adult professional behavior, and a change in staff relationships with both service users and stakeholders. These changes offer many benefits to your staff, your organization, and the individuals you serve.

### Benefits to Staff

- **Reduce the risk of injury** by decreasing the number of physical interventions.
- **Improve communication** among staff by establishing a common language.
- **Boost staff confidence** to intervene both verbally and physically.
- **Alleviate the stress and anxiety** associated with confusion or uncertainty in crisis moments.
- **Feel safe** at work again.

### Benefits to Your Organization

- **Minimize the risk** of potential liability.
- **Improve staff retention** by providing the skills necessary to manage difficult situations.
- **Comply with legislative mandates** and regulatory/accreditation guidelines.
- Create and maintain a **safe, caring, and respectful environment** for staff and those you serve.
- Demonstrate your organization's commitment and contribution to a **safer community**.

### Benefits to Those You Serve

- Live, learn, and thrive in a **safe and respectful environment**.
- Interact with positive role models who are **well equipped to manage difficult situations**.
- Become an active participant in the debriefing process and **learn new coping skills**.
- Receive staff guidance about making **positive behavior choices** in the future.
- **Feel supported** by staff who are empathic, compassionate, and respectful.





# Plains to Peaks

Emergency Medical & Trauma Service Region



## 13<sup>th</sup> Annual EMS & Trauma Conference & Awards Program

Registration Form—One Person per Form Please

Name \_\_\_\_\_ Certification Level \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_ Phone # \_\_\_\_\_

Agency Affiliation \_\_\_\_\_

Breakfast, Breaks, and Lunch will be provided May 3-4 and are included in the registration fee.

Breaks and Lunch, only, will be provided May 2<sup>nd</sup> and are included in the registration fee.

**If you have a special diet requiring gluten free or vegetarian options, please feel free to bring your own food.**

Drinks available will include iced tea and coffee. If you require other options, feel free to bring them.

Friday May 2, \$20	Saturday May 3, \$20	Sunday May 4, \$20	Saturday Night Awards Dinner & Program, \$20	Total Due
Yes ___ No ___	Yes ___ No ___	Yes ___ No ___	Yes ___ No ___	

Make checks payable to and mail to: **Plains to Peaks RETAC**

**Box 303, Kit Carson, CO 80825**

Or Register online at: [www.plainstopeaks.org](http://www.plainstopeaks.org) Credit Card payment available online.

The pre-conference workshop will be held at the Limon Community Center located at 477 D Avenue.

The main conference will be held at Limon High School located at 874 F Avenue.

Motels	Address	Phone #
Comfort Inn	2255 9 <sup>th</sup> Street	719 775 2752
Econo Lodge	985 Hwy 24	719 775 2867
Holiday Inn Express	803 Hwy 24	719 775 9033
Quality Inn & Suites	925 Hwy 24	719 775 0277
Super 8 Motel	937 Hwy 24	719 775 2889
Tyme Square Inn & Suites	2505 6 <sup>th</sup> Street	719 775 0700

### Continuing Education Credits, Registration, & Fees

Penrose-St Francis EMS Education is providing the continuing education credits for this conference. Student must attend the lecture or skills station to receive credit for said lecture or station. Enrollment for the Plains to Peaks EMS/Trauma Conference is open to all interested parties. Expected attendees include but are not limited to: EMR, EMT, Advanced EMT, EMT-Intermediate, and Paramedic. Course cost is \$20 each day. Registrations should reach the Regional office by April 26, 2014 to avoid late charges and assure seating.

Online registration is available at [www.plainstopeaks.org](http://www.plainstopeaks.org)

*10<sup>th</sup> Annual Plains to Peaks  
Regional Awards Program  
Saturday, May 3, 7:00 PM*

Come join with fellow emergency responders as we recognize and applaud the accomplishments of these deserving health care providers from across the Plains to Peaks Region. Dinner will be served at 7:00 PM followed by the awards presentations and an evening of entertainment.

Awards may be presented in the following categories:

EMS Instructor of the Year  
EMS Agency of the Year  
Emergency Medical Dispatcher of the Year  
Medical Director of the Year  
Emergency Physician of the Year  
Emergency/Flight Nurse of the Year  
Lifetime Achievement, Volunteer

First Responder of the Year  
Volunteer EMT Basic of the Year  
Career EMT Basic of the Year  
Volunteer EMT Intermediate of the Year  
Career EMT Intermediate of the Year  
Volunteer EMT Paramedic of the Year  
Career EMT Paramedic of the Year  
Lifetime Achievement, Career

Registration for the Awards Program and Entertainment is \$20 and can be included on your Conference registration. Please register early so we can adequately plan for seating and food. This will be held at the museum park on the south side of Limon. Directions will be provided that day. This will be a special event and you are encouraged to put on your best jeans and come enjoy a fun evening as we recognize these deserving award winners.

